

## Criteria for Discontinuation of Home Isolation/Quarantine

	<b>Positive Test <u>with</u> Symptoms</b>	<b>Positive Test <u>without</u> Symptoms</b>	<b>Negative Test <u>with</u> Symptoms, No Exposure</b>	<b>Exposure</b>
<b>General Population</b>	<p>5 days isolation from start of symptoms or positive test, whichever is earlier (release on day 6) AND &gt;=24 hours have passed since resolution of fever without the use of fever-reducing medications AND Other symptoms have improved AND Wear a mask for 5 <i>additional</i> days (including in household) when around others</p> <p>General Public:  <ul style="list-style-type: none"> <li>May remove mask prior to day 11 if had two negative tests taken 48 hours apart</li> <li>If unable to wear mask, isolate for 10 days, release on day 11</li> </ul> </p> <p>School/Daycare/Camp  <ul style="list-style-type: none"> <li>May remove mask prior to day 11 if had negative test on Day 5 or later</li> <li>If unable to mask, may return with a negative test on Day 5 or later</li> </ul> </p> <p>Additional Notes  <ul style="list-style-type: none"> <li>If test on day 6 or later is positive, must continue to isolate</li> <li>Individuals should avoid people who are at high risk of severe disease for 10 days</li> </ul> </p> <p><i>Additional requirements exist for patients who had severe illness or are immunocompromised</i></p>	<p>5 days isolation from day of positive test (release on day 6) AND Wear a mask for 5 <i>additional</i> days (including in household) when around others.</p> <p>General Public:  <ul style="list-style-type: none"> <li>May remove mask prior to day 11 if had two negative tests taken 48 hours apart</li> <li>If unable to wear mask, isolate for 10 days, release on day 11</li> </ul> </p> <p>School/Daycare/Camp  <ul style="list-style-type: none"> <li>May remove mask prior to day 11 if had negative test on Day 5 or later</li> <li>If unable to mask, may return with a negative test on Day 5 or later</li> </ul> </p> <p>Additional Notes  <ul style="list-style-type: none"> <li>If test on day 6 or later is positive, must continue to isolate</li> <li>Individuals should avoid people who are at high risk of severe disease for 10 days</li> </ul> </p> <p><i>Additional requirements exist for patients who had severe illness or are immunocompromised</i></p>	<p>≥24 hours have passed since resolution of fever without the use of fever-reducing medications AND Other symptoms have improved OR Based on the recommendations for an alternative diagnosis if made (e.g., influenza or strep pharyngitis) OR If rapid antigen negative, repeat with antigen or molecular test in 24-48 hours</p>	<p>Wear a mask for 10 days, including in the household AND Test on day 6</p> <ul style="list-style-type: none"> <li>If had COVID-19 in last 30 days, no test needed unless symptoms develop</li> <li>If had COVID-19 in last 90 days, use antigen test, not PCR</li> <li>If no COVID-19 in last 90 days, can use antigen or PCR</li> </ul> <p>If develop symptoms, get tested immediately and isolate until negative result received. If an antigen test is used, recommended to repeat an antigen test in 24-48 hours, or get a PCR test</p>

	<b>Positive Test <u>with</u> Symptoms</b>	<b>Positive Test <u>without</u> Symptoms</b>	<b>Negative Test <u>with</u> Symptoms, No Exposure</b>	<b>Exposure</b>
<b>Healthcare Workers (HCW) in PPOC Practices<sup>1</sup> For return to work</b>	<p><i>Contact PPOC Patient Safety Team</i></p> <p>After 5 days have passed since the first positive test was taken AND Symptoms have substantially improved, including being fever-free, for 24 hours AND The HCW is fully vaccinated AND The HCW received a negative viral test on Day 5 or later If continue to test positive, can return after 10 days of isolation (on day 11) regardless of test result</p> <p><i>HCW should avoid caring for patients who are moderately to severely immunocompromised until after 10 days has passed since their positive test</i></p> <p><i>Additional requirements exist for patients who had severe illness or are immunocompromised</i></p>	<p><i>Contact PPOC Patient Safety Team</i></p> <p>After 5 days have passed since the first positive test was taken AND The HCW is fully vaccinated AND The HCW received a negative viral test on Day 5 or later If continue to test positive, can return after 10 days of isolation (on day 11) regardless of test result</p> <p><i>HCW should avoid caring for patients who are moderately to severely immunocompromised until after 10 days has passed since their positive test</i></p> <p><i>Additional requirements exist for patients who are immunocompromised</i></p>	Same as above	<p><i>Contact PPOC Patient Safety Team</i></p> <p>HCW may continue to work during their quarantine period provided the HCW remains asymptomatic.</p> <p>Individuals who have received either two doses of the Moderna, Pfizer, or Novavax COVID-19 vaccines or a single dose of the Janssen COVID-19 vaccine at least 14 days ago but not more than six months ago or have received a booster dose, are not required to quarantine following a workplace exposure.</p> <p>All HCW must wear a facemask and self-monitor for symptoms.</p> <p>Exposed asymptomatic HCW who have a community exposure should have a negative viral test prior to returning to work.</p>

<sup>1</sup> Patients who are also healthcare workers should contact their employer for return to work guidance

## Full Guidance

- [General Public](#)
- [Health Care Personnel](#)
- [Children and Staff in Child Care, K-12, Out-of-School Time \(OST\) and Recreational Camp/Program Settings](#)

## Definitions

**Isolation:** The separation of a person or group of people known or reasonably believed to be infected with a communicable disease and potentially infectious from those who are not infected to prevent spread of the communicable disease ([CDC](#))

**Quarantine:** The separation of a person or group of people reasonably believed to have been exposed to a communicable disease but not yet symptomatic from others who have not been so exposed to prevent the possible spread of the communicable disease ([CDC](#))

**Close Contact:** You are a close contact of a COVID-19 positive person if you were within 6 feet of them while indoors, for at least 15 minutes, while they were symptomatic or within 2 days before symptom onset. You are also a close contact if you were indoors and within 6 feet for at least 15 minutes of someone who tested positive for COVID-19 (but did not have symptoms) and your exposure happened in the 2 days before their test was taken to anytime in the 10 days after the test. A close contact can also be someone who had direct contact with respiratory droplets of a COVID-19 case (e.g., being coughed or sneezed on) while not wearing a mask or face covering. ([DPH](#))

**Date of Last Exposure:** Date of last exposure to the COVID positive person during their isolation period.

**Up to Date:** You are up to date with your COVID-19 vaccines when you have received all doses in the primary series and all boosters recommended for you, when eligible. ([CDC](#))